

MENU

October 9-13, 2017

MONDAY:

BREAKFAST/ SNACK: Waffles , applesauce and milk

LUNCH: Chicken and vegetable pot pie with enriched biscuits, peaches and milk

AFTERNOON SNACK: Sand cups & water

TODDLER LATE PM SNACK: graham crackers

TUESDAY:

BREAKFAST/SNACK: Homemade Blueberry swirl coffee cake and milk

LUNCH: Whole grain pizza spaghetti casserole, pears and milk

AFTERNOON SNACK: Fig Newton & Water

TODDLER LATE PM SNACK: Vanilla Wafers

WEDNESDAY:

BREAKFAST/ SNACK: Cinnamon whole wheat toast, raisins and milk

LUNCH: Enriched Gobbler bowtie mac and cheese, peas and diced pineapple and milk

AFTERNOON SNACK: Homemade peanut butter cereal bars & milk

TODDLER LATE PM SNACK: animal
crackers

THURSDAY:

BREAKFAST/ SNACK: Corn flakes, sliced bananas and milk

LUNCH: Homemade Italian wedding soup, oyster crackers, tropical fruit and milk

AFTERNOON SNACK: Homemade brownies and juice

TODDLER LATE PM SNACK: oyster crackers

FRIDAY:

BREAKFAST/ SNACK: Cinnamon rolls and raisins and milk

LUNCH: Bean and cheese enriched quesadilla, sour cream, salsa, corn, fruit cocktail and milk

AFTERNOON SNACK: Homemade granola bars and milk

TODDLER LATE PM SNACK: saltines