

MENU

October 1-5, 2018

MONDAY:

BREAKFAST: Frosted Flakes, apples and milk

LUNCH: Loaded mashed potatoes with corn, ham and shredded cheese, whole wheat bread and butter, pineapple and milk

AFTERNOON SNACK: Tortilla chip, warm cheese sauce & water

TODDLER LATE PM SNACK: Graham crackers

TUESDAY:

BREAKFAST/SNACK: Fruity yogurt cereal parfait and milk

LUNCH: Chicken and vegetable oodles of noodles soup, saltines, fruit and milk

AFTERNOON SNACK: Ranchy pretzels & white grape juice

TODDLER LATE PM SNACK: Vanilla wafers

WEDNESDAY:

BREAKFAST/ SNACK: Pancake, syrup and applesauce and milk

LUNCH: Sub Sandwiches with Bologna or Turkey, American cheese, lettuce, pickles and mayo, fresh carrots and dip and milk

AFTERNOON SNACK: Hawaiian Dip and graham crackers & water

TODDLER LATE PM SNACK: animal crackers

THURSDAY:

BREAKFAST/ SNACK: Cinnamon raisin toast and milk

LUNCH: Homemade Mac and cheese, peas, peaches and milk

AFTERNOON SNACK: Frozen yogurt cone

TODDLER LATE PM SNACK: oyster cracker

FRIDAY:

BREAKFAST/ SNACK: Assorted cereals (cheerios, kixs and/or rice krispies), bananas and milk

LUNCH: Hot dog and cheese humdingers on a bun, tossed salad, French dressing, pears and milk

AFTERNOON SNACK: Mini Rice cakes and juice

TODDLER LATE PM Snack: Saltines