

# MENU

January 7-11 2019

## MONDAY:

**BREAKFAST/ SNACK:** corn flakes and cheerios (under two), mixed fruit and milk

**LUNCH:** Beanies & Weenies, Whole Wheat Bread and butter, Tropical fruit, and milk

**AFTERNOON SNACK:** Fig Newtons & milk

**Toddler Late PM SNACK:** graham crackers

**TUESDAY:** Cheesy ham and rice casserole with broccoli, mandarin orange fruit fluff and milk

**BREAKFAST/SNACK:** Homemade blueberry pancakes, syrup, pears and milk

**LUNCH:** Chicken and veggie noodle soup, saltines, peaches and milk

**AFTERNOON SNACK:** Snicker doodle cereal mix with golden raisins and Water

**TODDLER LATE PM SNACK:** vanilla wafers

## WEDNESDAY:

**BREAKFAST/ SNACK:** Cheese toast, grapes and milk

**LUNCH:** Cheesy ham and rice casserole with broccoli, mandarin orange fruit fluff and milk

**AFTERNOON SNACK:** Veggie Straws and Juice

**LATE PM SNACK:** animal  
crackers

## THURSDAY:

**BREAKFAST/ SNACK:** Homemade apple cinnamon bread and milk

**LUNCH:** Shepherd's pie with peas, carrots and mashed potatoes, whole wheat bread and butter, pineapple and milk

**AFTERNOON SNACK:** Fruity jello with graham crackers & water **TODDLER LATE PM SNACK:**

Oyster crackers

## FRIDAY:

**BREAKFAST/ SNACK:** Kix cereal, Banana, and milk

**LUNCH:** English muffin cheese and pepperoni pizzas, green beans, fruit cocktail and milk

**AFTERNOON SNACK:** Vanilla Wafer and Cake Yogurt Dip **TODDLER LATE PM SNACK** saltines