

OCTOBER 7-11, 2019

MENU

MONDAY:

BREAKFAST/SNACK: French toast sticks, applesauce and milk

LUNCH: Hammy Casserole, corn, mixed fruit and milk

AFTERNOON SNACK: Tortilla chips, salsa and water (under two saltines)

TODDLER LATE PM SNACK: Graham Crackers

TUESDAY:

BREAKFAST/SNACK: Cinnamon raisin toast (under two pineapple toast) milk

LUNCH: Taco Tuesday! Seasoned beef, tortillas, lettuce, sour cream, corn, pears, and milk

AFTERNOON SNACK: Veggie straws and juice

TODDLER LATE PM SNACK: vanilla wafers

WEDNESDAY:

BREAKFAST/SNACK: Blueberry pancakes, syrup and milk

LUNCH: Homemade oodles of noodles soup with vegetables, saltines, peaches, and milk

AFTERNOON SNACK: Fruit snacks, graham crackers and water

TODDLER LATER PM SNACK: animal crackers

THURSDAY:

BREAKFAST/SNACK: Kix cereal, bananas and milk

LUNCH: Baked Hobo casserole with hash browns, cheese sauce, pineapple, whole wheat bread and butter and milk

AFTERNOON SNACK: Apples and caramel dip and water

TODDLER LATER PM SNACK: oyster crackers

FRIDAY:

BREAKFAST/SNACK: Whole wheat toast with peanut butter and strawberry jam and milk

LUNCH: Humdingers, salad with French dressing, fruit fluff, and milk

AFTERNOON SNACK: Rice krispee treats and milk

TODDLER LATER PM SNACK: Saltines

