

OCTOBER 14-19, 2019

MENU

MONDAY:

BREAKFAST/SNACK: Mini bagels and homemade berry spread and milk

LUNCH: Spaghetti with meat sauce, green beans, pears and milk

AFTERNOON SNACK: Hawaiian dip, animal crackers and milk

TODDLER LATE PM SNACK: Graham crackers

TUESDAY:

BREAKFAST/SNACK: Whole wheat cinnamon toast, juice or milk

LUNCH: Scrambled eggs with ham, shredded cheese, peaches, biscuit with strawberry preserve

AFTERNOON SNACK: Fig newtons and water

TODDLER LATER PM SNACK: vanilla wafers

WEDNESDAY:

BREAKFAST/SNACK: Pancakes, applesauce and milk

LUNCH: Pizza soup, mozzarella cheese, seasoned oyster crackers, fruit cocktail and milk

AFTERNOON SNACK: Rice cakes, raisins and water

TODDLER LATER PM SNACK: Animal crackers

THURSDAY:

BREAKFAST/SNACK: Banana bread and milk

LUNCH: Sub sandwich with ham or chicken, cheese, lettuce, pickles, mayo, baby carrots, ranch dip and milk

AFTERNOON SNACK: Frosted graham crackers and milk

TODDLER LATER PM SNACK: oyster crackers

FRIDAY:

BREAKFAST/SNACK: Cheerios or kix cereal, bananas and milk

LUNCH: Macaroni and cheese, peas, pineapple and milk

AFTERNOON SNACK: Nuts and bolts snack and juice

TODDLER LATER PM SNACK: Saltines

